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Childbirth Education: Practice, Research And Theory, 2e



Synopsis

Here's the fully revised and updated new edition of the only comprehensive book on childbirth education! Edited by two well-known educators and practitioners, it provides authoritative, research-based coverage of all of the theoretical and practical knowledge in this field.

Book Information

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Customer Reviews

Great reference book for childbirth educators.

Really useful!

Excellent resource for any childbirth educator. Regardless of the method of childbirth education you teach, this book will be an asset in improving & focusing your teaching.

A classic. Gives you an excellent, research based foundation to teach classes. Although it is "out of date", I don't know of any other book that would give such a broad yet also in depth foundation.

While I am not a "mainstream " childbirth educator, there are many aspects of this book that I have found myself referring back to during my teaching career. It was very helpful in learning about the adult learner and thier particular physical, emotional , sociocultural and cognitive needs. The

chapter on the "the basis of relaxation" was very interesting as it helped me understand the history of using relaxation in childbirth and the different philosophies behind each technique. Biofeedback, therapeutic touch and acupuncture were presented in an extremely informative manner. The basics of the childbirth education business are presented (something that can be overlooked in most teachers' passion for their "Cause"). A very mainstream textbook that can be of great value to both hospital and independent educators alike.

This is a book that covers just a little bit of everything in perinatal education. It has non-biased information, solid references, and an easy-to-read format. This book cannot be read in one sitting because it is a typical (rather dry) academic textbook. But it is a book that you will refer to again and again.

The book arrived when it was supposed to and in the condition that had been described.

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